**1 Introduction:**

1.1 Our school's policy on relationship and sex education (RSE) is based on the requirements of the Education Act 2002 and the DfE document ‘Sex and Relationship Education Guidance’ (DfES 0116/2000). This continues to be the recommended SRE guidance under the current government (2015) and the revised DfE statutory guidance (2018) currently under consultation to be implemented from September 2020.

1.2 The purpose of this policy is to set out the ways in which the school’s provision for relationship and sex education will support pupils through their spiritual, moral, social, emotional and physical development and well-being, preparing them for the opportunities, responsibilities and experiences of life.

**2 Aims and objectives:**

2.1 We teach children about:

* scientific anatomical names;
* puberty and the physical development of their bodies as they grow into adults;
* having respect for and being in control of their own bodies;
* that there are different types of families, all of which have equal value;
* respect for the views of other people;
* relationship issues including keeping safe online and seeking help;

**3 Context**

3.1 High quality sex and relationships education helps create safe school communities in which pupils can grow, learn and develop positive, healthy behaviour for life. We teach RSE on the understanding that:

* it is taught in the context of family life;
* it is part of a wider process of social, personal, spiritual and moral education;
* children should be taught to have respect for their own bodies;
* children should learn about their responsibilities to others;
* it is important to build positive relationships with others, involving trust and respect, both in person and online;
* it makes a significant contribution to our duty to safeguard and protect all children;

3.2 Our RSE programme is one of the most important ways we act on our responsibility to safeguard and protect our children, as set out in our Safeguarding/Child Protection policy. We also refer to guidance from the government and expert organisations on specific safeguarding issues, which are relevant to our cohort of children, as listed in *Keeping Children Safe in Education*. To safeguard children effectively it is vital that opportunities are created in the curriculum to teach about healthy behaviour, caring relationships, online safety and when and how to get help. At our school we encourage children to develop skills in these areas so that they are equipped with strategies to help themselves in preventing or reporting harm or abuse.

3.3 In accordance with the principles of the Equality Act (2010), we believe that every child is entitled to receive RSE regardless of ethnicity, gender, religion, age, cultural heritage, disability, sexuality, language needs or special educational needs. We use an inclusive, whole school approach to ensure RSE can be accessed in an age-appropriate way throughout a child’s school career.

**4 Organisation and Content:**

4.1 We teach about sex and relationships through various aspects of the curriculum. While we carry out the main RSE in our PSHE curriculum, we also deliver some RSE through the statutory science curriculum. Our RSE curriculum was developed in consultation with parents, young people and school staff.

4.2 In PSHE, we use the PSHE Association’s Programme of Study to inform our curriculum. We teach children about relationships, and we encourage children to discuss the changes that happen as they grow up. We teach about the parts of the body, including the private parts, inappropriate touching, why males and females are different, and we explain to the children what will happen to their bodies during puberty. We encourage the children to ask for help if they need it. By the end of Key Stage 2, we ensure that both boys and girls know why children’s bodies change during puberty, how to manage puberty when it happens. We always teach this with due regard for the emotional development of the children. Active learning methods which involve pupils’ full participation will be used. Single sex groups will be used as and when deemed appropriate.

* + 1. We make it clear, through ground rules, that nobody should ask personal questions. An anonymous question box (a box in the classroom that pupils can ‘post’ written questions). This box may also be used as a ‘buffer’ for teachers, if they feel they would like time to consider their answer to a specific question.

4.4 Under the science curriculum, teachers inform children about males and females and how a baby is born. In Key Stage 1, we teach children that animals, including humans, produce offspring, which grow into adults, and we also teach them about the main parts of the body. In Key Stage 2, we teach about life processes including reproduction and the main stages of the human life cycle, in greater depth.

**5 The role of parents/carers**

5.1 The school understands the primary role in children's RSE lies with parents and carers. We therefore wish to build a positive and supporting relationship with the parents of children at our school, through mutual understanding, trust and cooperation. To promote this objective, we:

* inform parents about the school's RSE policy and practice;
* answer any questions that parents/carers may have about the RSE of their child;
* take seriously any issue that parents/carers raise with teachers or governors about this policy, or about the arrangements for RSE in school;
* encourage parents/carers to be involved in reviewing the school policy, and making modifications to it as necessary;
* make the RSE resources used in our lessons available for viewing;

We believe that through this mutual exchange of knowledge and information, children will benefit from being given consistent messages about their changing bodies and their increasing responsibilities.

5.2 We acknowledge that parents/carers have the right to withdraw their children from all or part of the relationship and sex education taught in the school except for those parts included in the statutory National Curriculum: all children are expected to learn the content of the national science curriculum. Parents/carers are encouraged to establish exactly what is covered in the RSE lessons relevant to their child’s year group and discuss any concerns about lesson content with staff at the earliest opportunity.

If a parent/carer wishes their child to be withdrawn from any part of our RSE lessons, they should discuss this first with the PSHE lead, make it clear which aspects of the programme they do not wish their child to participate in and confirm their request in writing. The school always complies with the wishes of parents/carers in this regard.

**6 Confidentiality**

6.1 Teachers conduct RSE lessons in a sensitive manner, and in confidence. However, if a child makes a reference to being involved (or being likely to be involved) in sexual activity, then the teacher will deal with it as a matter of safeguarding/child protection. Teachers will respond in a similar way if a child indicates that they may have been a victim of abuse. They will not try to investigate but will immediately inform the named person for child protection issues about their concerns. The Designated Safeguarding Lead will then deal with the matter in consultation with health care professionals and other relevant agencies, as set out in our Safeguarding/Child Protection policy.

**7 The role of the PSHE lead/headteacher**

7.1 It is the responsibility of the PSHE lead to ensure that both staff and parents/carers are informed about our RSE policy, and that the policy is implemented effectively. It is also the PSHE leads responsibility to ensure that members of staff are given enough training, so that they can teach about relationships and sex effectively and handle any difficult issues with sensitivity.

7.2 The PSHE Lead monitors this policy on a regular basis, and reports to governors, when requested, on the effectiveness of the policy.

**8 Monitoring and review**

8.1 The governing body is responsible for monitoring the delivery of our RSE policy. Governors give due consideration to any comments from parents/carers about the RSE programme and require the headteacher to keep a written record of parents’ comments.

8.2 This policy will be reviewed every two years, or earlier depending upon the new guidance for delivery of RSE.

**Date: September 2018**

**Policy to be reviewed in: September 2020**